



REPORT OF CLEAN DELIVERY KIT OUTREACH IN KOGO, BWARI AREA COUNCIL.

VENUE: Primary Health Center Kogo.

DATE: 4th February , 2015

ATTENDANCE:

- Sixty five (65) PREGNANT WOMEN,
- THREE (3) STAFF FROM TRAFFINA FOUNDATION
- Kogo PHC TEAM (5)
- ONE STAFF FROM HEALTH UNIT BWARI AREA COUNCIL
- 25 NoN-PREGNANT MOTHERS
- 10 MALE PARTICIPANTS



ADVOCACY TO CHIEF PALACE : The team proceeded to the chief palace for advocacy and also to inform him and other palace chief in the community about the support of TFCH and Millennium2025 WeObservatory would be providing to support pregnant women and new born in Kogo community.

The chief welcomed the team and also appreciated the organizations for remembering the community women.

VISIT TO PRIMARY HEALTH CARE, JIGO COMMUNITY

TFCH team first of all embarked on a visit to Kogo Primary Healthcare Center to assess level of services and care offered to the pregnant women within the community . The team met with the facility head who took us round the facility and services been provided. It was noted that Kogo facility has very high number of women utilizing ANC Care but very low number in delivery services. Culture and poverty were attributed to poor access to this, according to those in charge, many are not able to pay for cost of delivery or either able to purchase all items listed for delivery.

Having noted this, TFCH team went through the records to confirm the information which was very accurate thus listing out Kogo PHC as one of the centres to be supported with the clean birth kits donated by the Millennia2025 WeObservatory .

The TFCH Lead introduced gave a briefing about Millennia2025 WeObservatory as "Women actors of development for the global challenges" a foresight research process launched and implemented in 2007 by the Destree Institute, also working to promote women's health and reduce maternal and child mortality rate across the globe. Millennia2025 WeObservatory supports TFCH as a non-profit organization working towards maternal and child health in Nigeria, explaining that the organization has been at the frontline in promoting safe motherhood.

The entire facility were made to understand that Millennia2025 WeObservatory has been very supportive in providing global visibility and funding for the birth kits project with aim ensuring that every Nigerian mother survives child birth, thus providing strong support to TFCH.



ACTIVITIES PROPER:

TFCH team Lead Chinomnso Ibe gave a good will message on behalf of Millennia2025 Foundation introduced the mission of both organization to the women.

Ms. Ayo from TFCH also gave a brief lecture and explained that the organization designs, develops and distributes the “**CLEAN BIRTH KIT**” free which serves the unique health needs of women in rural areas. The following topics were discussed:

EXERCISE

- TFCH Ayo encouraged the pregnant women to be doing exercise especially during third trimester of the pregnancy.

IMPORTANCE OF ANTE-NATAL VISIT/Health Facility Delivery

- Mrs. Chinomso stressed on the need to attend ante-natal.
- The most important benefit is that it gives them the opportunity to be monitored by skilled birth attendants who regularly examines them throughout the period of pregnancy and delivery.
- Vital and right information of safe motherhood.
- Those at risk will be identified and cared for.
- The aim of good pre-natal care is to note any potential problems early, to prevent them if possible and to manage problems.

SIGNS OF LABOR

- Dropping
- Frequent urination
- Low backache
- Bloody show
- Bag of water breaking
- Consistent contraction
- Increased vagina discharge
- Diarrhea etc.

ITEMS IN THE CLEAN DELIVERY KIT AND THEIR FUNCTIONS



Mrs. Ayo showed the pregnant women the clean delivery kit. The Items are:

1. **COTTON WOOL** : For cleaning of navel/umbilical cord
2. **STERILE GLOVE**: To be worn by health workers in other to prevent both them and pregnant women from contacting infection.
3. **CORD CLAMP**: To hold umbilical cord
4. **MUCUS EXTRACTOR**: To extract mucus
5. **RECEIVING CLOTH FOR BABY**: To receive new born baby from blood
6. **UNDER PAD**: To be laid on the bed in other to prevent a pregnant mother from contacting infection/disease.
7. **SANITARY PAD**: To be worn by pregnant women during and after delivery to collect blood.
8. **RAZOR BLADE**: To cut the placenta from the umbilical cord.
9. **METHYLATED SPIRIT**: Used together with cotton wool in other to clean the navel/umbilical cord
10. **SOAP**: To wash hands
11. **GOYA OIL**: To clean up the baby from blood.
12. **DIAPER**: To be used by baby for at least twenty four hours after delivery.
13. **Chlohexidine gel**: for cord care
14. **Misoprostol** : To prevent or manage PPH

After the lectures TFCH distributed seventy five (75) clean delivery kits to the pregnant mothers which they all agreed that it should be kept safe for them at the health center.

It was indeed a joyous moment and prayer answered by most of the women who received the clean delivery kits.

In appreciation the women sent heart-warming messages to Millennia2025 Foundation WeObservatory for remembering them irrespective of the fact that the organizations are from different countries.

FOLLOW –UP : TFCH team has been active in monitoring the progress of the delivery attendance at Kogo health facility. This intervention will indeed reduce the risk of women patronizing the quacks that puts them at risk of complications and death.

After the sensitization:

- Question & Answer session.
- Attendance of participants were taken
- Refreshment was served

- Pictures were taken
- Vote of thanks was given by the team /community
- The meeting was brought to an end and everyone departed

MOST RECENT PHOTO OF A MOTHER THAT DELIVERED WITH THE BIRTH KIT



Report Compiled by, Chinomnso Ibe, Ayo Deji
& Dan Peter

With the support of Millennia2025 WeObservatory and Connecting Nurses
<http://www.millennia2015.org/WeObservatory>
<http://fr.connecting-nurses.com/web/>

13 February 2015